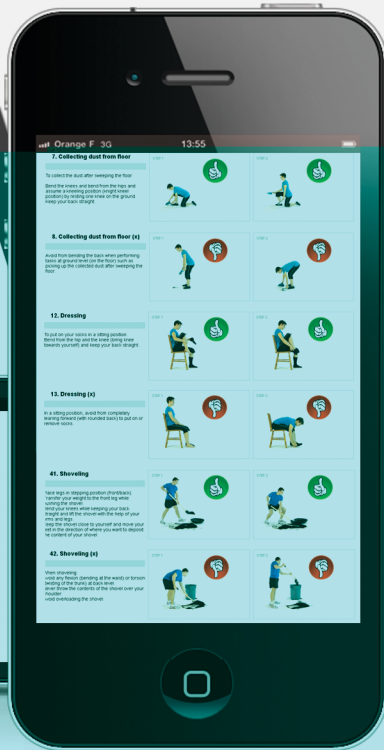
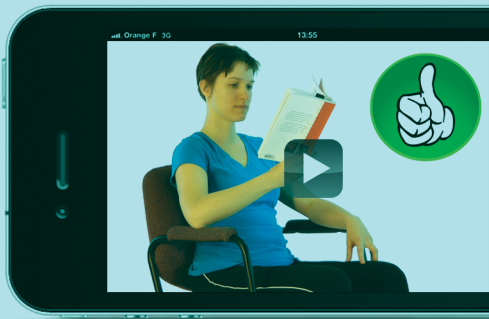


EDUCATE YOUR CLIENTS WITH

NEW

ACTIVITIES OF DAILY LIVING

ADL



on how to incorporate proper movement, posture and positioning into their daily routines in order to avoid injuries. The ADL are printable, computer and hand-held device compatible exercise sheets that are easy to use, with attractive, realistic photos and videos. **Request a free online demonstration at**

www.physioTec.ca

